

# What To Bring To The Packing Party

## Luggage

Please bring ONE PIECE OF CHECKED LUGGAGE AND ONE CARRY-ON PER PERSON for personal items. You may need to pack an additional suitcase for ministry items. Please make sure your luggage is unlocked. PLEASE, NO BOXES OR PACKAGES OF ANY KIND. This will delay our departure through Customs. Check your airline for baggage fees as well as current weight requirements, but plan on 50 pounds per bag.

## GROUP:

- Peanut Butter & Jelly (each person)
- Toilet Paper
- Paper Towels
- Napkins
- Ziplock Sandwich Bags
- Gallon-size Ziplock Bags
- Large Black Trash Bags
- Paper Plates (**please no Styrofoam**)



## PERSONAL:

- Beach towel
- Shower towels (\*each person is provided one towel set for the week. If you would like to have more, feel free to bring them. We also accept white towel donations)
- Soap, shampoo & toiletries
- Battery operated or wind-up alarm clock (electricity is erratic, do not bring an electric clock)
- Bible
- Journal and writing implements
- Sunglasses/sunscreen/bandana/hat
- Bug spray with DEET
- Work gloves for farm or construction work
- Baby wipes and/or hand sanitizer
- Camera or video camera with plenty of batteries
- Flashlight
- 1-2 water bottles (you will refill these at our coolers regularly)
- Money for snacks and souvenirs – should be in small bills (1's, 5's, and 10's)
- **Sheets are provided**, however we do always accept white sheet donations.
- Snacks (\*note that food portions are smaller than typical American sized portions)

## CLOTHING

### Ladies:

#### General:

9-10 pairs of underclothing

1-2 pairs of pajamas

#### Ministry:

4 pairs work shorts (at least mid-thigh in length, must come to end of fingertips)

4 work t-shirts (No sleeveless shirts, please)

1 pair work shoes (may walk up to 4 miles per day and may get muddy)

#### Hotel:

3-4 casual shirts or tank tops (with straps at least 3-finger-widths wide)

3-4 pairs **modest** shorts- **fingertip length**

1-piece swimsuits or tankinis (must meet in the middle)

1 pair comfortable shoes (sandals, flip-flops, etc.)

#### Church:

**NO flip-flops, sneakers, jeans, or shorts**

Dress, Skirt, or Capri pants

Sandals are okay (as long as they have a strap on the back of the heel)

**Gentlemen:***General:*

9-10 pairs of underclothing

1-2 pairs of pajamas

*Ministry:*

4 pairs work shorts (at least mid-thigh in length)

4 work t-shirts (please be careful of what they say, also no tank tops)

1 pair work shoes (may walk up to 4 miles per day and may get muddy)

*Camp:*

3-4 modest shirts (must be worn when walking into the hotel area)

3-4 pairs modest shorts

Swimming trunks

1 pair comfortable shoes (sandals, flip-flops, etc.)

*Church:*

**NO flip-flops, sneakers, jeans, or shorts**

Collared golf shirt and pants

Sandals are okay (as long as they have a strap on the back of the heel)

**Optional Items to Bring:**

- Powdered Gatorade or energy drink to mix with water (helps when working in the hot sun)
- Small bag (backpack) to put all of belongings and PB&J in while at ministry sites
- Travel-size toilet paper, paper towels and/or wipes for use at ministry sites

**\*\*REMINDER\*\***

Jamaicans need clothes. Bring what you think you can leave behind for someone else to wear. We challenge people to collect hand-me-downs from others or shop at thrift shops, wear these items all week, and then leave them for our Jamaican friends. You can also leave white towels and sheets if you wish (let your stateside coordinator know if you choose to bring your own sheets as sheets and pillows are typically provided in your rooms). If you would like to donate additional household items for our thrift shop, see your leader for the list of those items to bring.



*\*Please do not hand out your items to hotel staff or other Jamaicans. We have a system for distribution, which we will explain to you during your orientation.*

**What Not to Bring**

- **Hair dryers, curling irons, straightening irons, or regular irons** (Electricity is expensive and unreliable)
- **Electronics including cell phones, MP3 players, iPods, etc.** (We encourage you to engage with those around you. We have plenty of cards, dominoes, ping pong, and of course a swimming pool with a net for ultimate pool volleyball tournaments)
- **Perfume, scented lotion and cologne** (These attract bugs)
- **Make-up** (This is optional, but in the heat it smears and melts – and you look great without it)!
- **Jewelry and valuables** (Leave it at home. Bring a cheap watch, but we encourage you to leave behind anything of value. (Things can mysteriously disappear)

**Additional Items from the ACE Wish List**

Travel sized lotion for the medical clinic

Adult Diapers, small and medium

Nail polish